

Are you adaptable?



ADAPTABILITY HAS TWO KEY PARTS:

FLEXIBILITY

Characteristics of High Flexibility:

- confidence
- tolerance
- empathy
- positiveness
- respect

VERSATILITY

Characteristics of High Versatility:

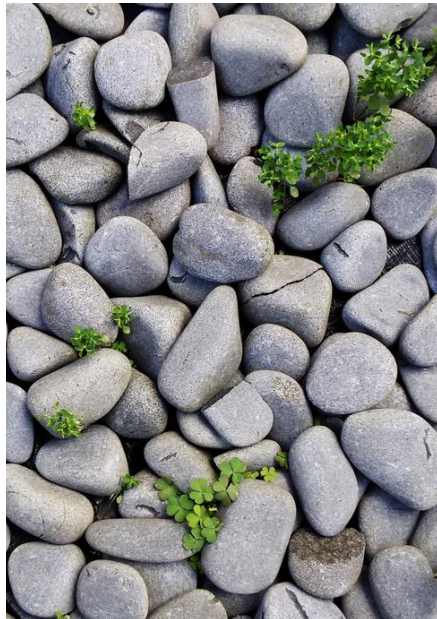
- resilience
- vision
- attentiveness
- competence
- self-correction

Negative adaptability is characterized by:

- competition with others
- rigidity
- discontent
- unapproachable
- difficulty with ambiguity
- subjectiveness
- bluntness
- resistance
- single-mindedness
- unreasonable risk taking

Tips for developing an adaptability mindset:

- Quit following the rules.
- Think twice before saying no.
- Start your day differently.
- Be an early adopter.



Small ways to weave adaptability into your leadership skills:

- Adapt to personalities of employees, coworkers, customers.
- Adapt to the time of year.

NTC's Student Development Team including Student Life and Career Services can help you: prepare for job fairs and interviews, practice common interview questions, acquire networking skills, and more. Check out our online resources: studentlife.ntc.edu/soft-skills